Galactogram Instructions

You have been scheduled for a Galactogram at
the Renown Breast Health Center, 901 E. Second St. suite 103.

A Galactogram is a contrast or x-ray dye exam of the breast milk ducts used when a patient has a breast discharge that is of concern. A small amount of contrast material is injected into the milk duct and a mammogram is performed so that the inside of the milk duct can be seen.

Before the Procedure:
• Inform your physician of any medications or allergies, especially to barium or any iodinated contrast materials.
• Do not bath in hot or warm water the night before or morning of your procedure.
• As in a mammogram, do not wear deodorant, powder or lotions on or near the breast area as these can appear as calcium spots.
• You may eat and drink as normal the morning of the procedure.
• Wear a top that is easily removed and a comfortable bra.

During the Procedure:
• You will undress from the waist up and put on a gown that opens in the front.
• You will lie on your back for the procedure.
• Your breast will be cleansed and a tiny amount of fluid will be squeezed from the nipple to identify the duct with the discharge.
• A small, blunt tipped device is inserted into the milk duct. Contrast is injected through the device and a mammogram is obtained.
• A second injection and mammogram may be performed.
• After reviewing the mammogram, an ultrasound of the duct may be performed.
• The procedure usually takes 30 minutes to an hour.
• A radiologist will then analyze the images and discuss the results with you and a report will be sent to your referring physician or primary care doctor.

After the Procedure:
• You may carry on your day as usual.

If you have any questions, please call 775.982.4186 and ask to speak to one of our technologists or Nurse Navigator.

Consent forms must be signed prior to taking any type of mind-altering medication. If any such medication has been taken, the procedure will not be preformed and the patient will need to reschedule the exam.