

PET/CT IMAGING

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Begin a high protein, no carb diet 24 hours prior to exam time and the only beverage should be water. No processed meats. Proteins need to be pure proteins. Do not eat anything 6 hours prior to exam. If patient is a diabetic, it is important that their blood sugar be below 150 mg/dl for optimal imaging. Drink a minimum of 16 oz. water on the hour for the last 2 hours before exam. No strenuous or vigorous activity at least 24 hours prior to exam. Wear comfortable warm clothes with no metal. **Must have a driver** as patient may be given a sedative as part of the test. For diet questions, call 982-8100.