

ULTRASOUND IMAGING

Abdomen Complete Survey	Adults: Nothing to eat or drink for 8 hours prior to exam. Take medications with sips of water Children up to age 12: Fast at least 4-6 hours prior to exam. Infants: appointment should be at time of next feeding but do NOT feed.
Abdomen Limited	No Prep, unless instructed otherwise
Abdominal Vascular Doppler Complete	Nothing to eat or drink for 8 hours prior to exam except for water
Aorta	Adults: Nothing to eat or drink for 8 hours prior to exam. Take medications with sips of water Children up to age 12: Fast at least 4-6 hours prior to exam. Infants: appointment should be at time of next feeding but do NOT feed.
Biophysical Profile	If for fetal well-being, patient needs to drink fruit juice 20-30 minutes prior to exam
Brain, Neonatal	No Prep, unless instructed otherwise
Breast Ultrasound	No Prep, unless instructed otherwise
Chest	No Prep, unless instructed otherwise
Extracranial Artery Complete	No Prep, unless instructed otherwise
Extremity Arterial Doppler	No Prep, unless instructed otherwise
Extremity Venous Doppler	No Prep, unless instructed otherwise
Extremity Non-Vascular	No Prep, unless instructed otherwise
Gallbladder	Adults: Nothing to eat or drink for 8 hours prior to exam. Take medications with sips of water Children up to age 12: Fast at least 4-6 hours prior to exam. Infants: appointment should be at time of next feeding but do NOT feed.
Hysterosonogram	Patient MUST be within 6-10 days from the start of the menstrual cycle (LMP) BUT not still bleeding at time of exam. If patient is outside the 6-10 day window or not having periods, then a blood pregnancy test is required on the morning of exam and run "STAT". Pt may take ibuprofen for discomfort
Infant Hips w/Manipulation	No Prep, unless instructed otherwise
Liver and Biliary Tree	Adults: Nothing to eat or drink for 8 hours prior to exam. Take medications with sips of water Children up to age 12: Fast at least 4-6 hours prior to exam. Infants: appointment should be at time of next feeding but do NOT feed.
Neonatal Abdomen	Nothing to eat or drink for 2 hours prior to exam.
OB 1st Trimester (less than 14 weeks)	No Prep, unless instructed otherwise
OB 2nd 3rd Trimester Complete (14 weeks to term)	No Prep, unless instructed otherwise
OB Limited Transabdominal Follow-up(14 weeks to term)	No Prep, unless instructed otherwise
OB Pelvis Transvaginal (less than 14	No Prep, unless instructed otherwise

weeks)	
Paracentesis	Lab work as indicated at time of scheduling
Pelvic Transabdominal	Teens and adults: Drink 30 oz of water and be finished drinking 1 hour prior to exam. Do not void; have a full bladder for the exam. Smaller children: Drink 15 oz.
PICC Line Placement	No Prep, unless instructed otherwise
Renal	Teens and adults: Drink 30 oz of water and be finished drinking 1 hour prior to exam. Do not void; have a full bladder for the exam. Smaller children: Drink 15 oz.
Renal Transplant	Teens and adults: Drink 30 oz of water and be finished drinking 1 hour prior to exam. Do not void; have a full bladder for the exam. Smaller children: Drink 15 oz.
Retroperitoneal	Teens and adults: Drink 30 oz of water and be finished drinking 1 hour prior to exam. Do not void; have a full bladder for the exam. Smaller children: Drink 15 oz.
Scrotum Contents	No Prep, unless instructed otherwise
Second Look Breast U/S	No Prep, unless instructed otherwise
Soft Tissues of the Head & Neck	No Prep, unless instructed otherwise
Spinal Canal & Contents	No Prep, unless instructed otherwise
Spleen	No Prep, unless instructed otherwise
Thoracentesis Puncture	Lab work as indicated at time of scheduling
Transrectal Ultrasound	Staging Rectal Cancer: Barium enema prep kit can be picked up at the scheduled site or at 75 Pringle, at least 2 days prior to exam. Or patient can purchase it at the CVS Pharmacy at 75 Pringle, 1 st floor. Fecal/Sphincter Incontinence: Nothing to eat or drink for 12 hours prior to exam
Transvaginal Pelvic Ultrasound	No Prep, unless instructed otherwise
Visceral Vascular Doppler Complete	Nothing to eat for drink for 8 hours prior to exam except for water. Being hydrated helps. If with a renal ultrasound: Teens and adults drink 16 oz of water and be finished drinking 1 hour prior to exam. Do not void; have a full bladder for the exam. Smaller children should drink about 8 oz.