

Diet Recommendations while on Chemotherapy

In addition to foods, please also check with your provider about any **vitamins or supplements** prior to taking them as they may interfere with your child's chemotherapy.

Food Group	Foods Excluded
Beverages	<ul style="list-style-type: none"> • Water from a well that has not been tested • Unpasteurized juice, milk
Eggs	<ul style="list-style-type: none"> • Any under cooked or soft cooked eggs
Meats, Fish, Poultry, Meat Substitutes	<ul style="list-style-type: none"> • Raw meats or seafood
Dairy	<ul style="list-style-type: none"> • Raw/unpasteurized milk or yogurt • Cheese with molds (blue cheese, Gorgonzola or Roquefort) • Cheeses made from unpasteurized milk
Fats and Spices	<ul style="list-style-type: none"> • Dressings containing mold (blue cheese) or raw eggs (Caesar) • Unpasteurized whipped cream • Homemade mayonnaise • Other products that may contain raw eggs

For more information, call 775-982-3892.